HT Pork Nugget

Heat Treated

Product Information and Instruction

For recipe ideas visit us at www.sunrisefoodsohio.com/recipes

#35-1938

- Pack : 1 / 10 lb bag
- Raw cut size: ¾" x 1.15"
- Pieces per lb:
- Case Net Weight (lbs): 10 lbs
- Case Gross Weight (lbs): 10.9 lbs
- Case Cube: .58
- UPC: 856460001381
- Shelf Life: 12 Months Frozen
- Ti x Hi : 11 x 10

HIGHLIGHTS:

- Zero trans fat. No MSG added.
- USDA Pork Cushion meat.
- Minimally processed, No preservatives, No artificial ingredients
- No mess, Easy to prepare, Oven baked or Fry.
- Ready in minutes.
- Added health benefits from flaxseed.

Cooking Instructions | from thaw

OPTION 1 **3 MINUTES | FRYER**

- 350° F for 3 Minutes.
- Ensure internal temperature of 165° F or higher.

OPTION 2 **25 MINUTES | OVEN**

- At 400° F, Bake middle rack.
- Spread evenly in single layer, do not over stack.
- 25 minutes, depending on desired browning.
- Ensure internal temperature of 165° F or higher.

Nutrition Facts

Serving Size (150g)
Servings Per Container

Amount Per Serving

Calories 310	Calories from Fat 160
	% Daily Value*
Total Fat 18g	**28%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 370mg	**15%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 1g	**4%**
Sugars 0g	
Protein 17g	

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Pork (Pork Cushion Meat, Water, Flaxseed/Milled Flaxseed, Salt), Coating (Self Rising Enriched Flour Bleached [Wheat Flour, Leavening (Sodium Aluminum Phosphate, Baking Soda, Calcium Sulfate, Monocalcium Phosphate), Salt, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Cornstarch, Soybean Oil).
Contains Soy, Wheat.