

HT Dark Chicken Chunk

Heat Treated Product Information and Instructions



#35-1948

Pack : 4 / 2.5 lb bags

Raw cut size: 1" x .95"

Pieces per lb:

Case Net Weight (lbs): 10 lbs

Case Gross Weight (lbs): 10.9 lbs

Case Cube: .58

UPC: 812177011204

Shelf Life: 12 Months Frozen

Ti x Hi : 11 x 10



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HIGHLIGHTS:

- Zero trans fat. No MSG added.
- USDA whole muscle chicken.
- Minimally processed, No preservatives, No artificial Ingredients
- No mess, Easy to prepare, Oven baked or Fry.
- Ready in minutes.
- Added health benefits from flaxseed.

Nutrition Facts

Serving Size (150g)		Servings Per Container	
Amount Per Serving			
Calories 210	Calories from Fat 70		
	% Daily Value*		
Total Fat 8g			12%
Saturated Fat 1.5g			8%
Trans Fat 0g			
Cholesterol 85mg			28%
Sodium 330mg			14%
Total Carbohydrate 14g			5%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 19g			
Vitamin A 0%		Vitamin C 0%	
Calcium 2%		Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat	9	• Carbohydrate 4 • Protein 4

Cooking Instructions | from thaw



OPTION 1 3 MINUTES | FRYER

- 350° F for 3 Minutes.
- Ensure internal temperature of 165° F or higher.



OPTION 2 25 MINUTES | OVEN

- At 400° F, Bake middle rack.
- Spread evenly in single layer, do not over stack.
- Turn after 15 minutes, bakes another 10 minutes.
- Ensure internal temperature of 165° F or higher.

INGREDIENTS:

Chicken (Chicken Leg/Thigh, Water, Flaxseed/Milled Flaxseed, Salt), Coating [Water, All Purpose Flour White Bleached Enriched (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cornstarch, Soybean Oil, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate)].
Contains Soy, Wheat.