

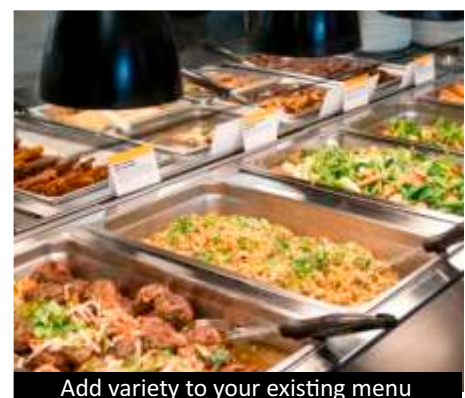
General Tso Chicken | Entrée Pack: 68-0010 (15 lbs)



As Shown, served with vegetables (optional)



Great for Steam Table



Add variety to your existing menu

HIGHLIGHT:

- Easy preparation: *Just cook, mix and serve*
- One of the most popular Asian dishes
- Steamed table friendly
- Visually appealing
- Made with USDA whole muscle chicken
- No MSG, except that which naturally occurs in soy sauce
- Zero trans fat



Founder Mark Pi



614.276.2880

www.sunrisefoodsohio.com

Sunrise Foods Entree Pack Rev.073115

HOT COOKING from thawed

Cook Time 8 Minutes | 15 Minutes for Oven

Chicken



3 MIN FRYER | RECOMMENDED

- 350°F for 3 Minutes
- Ensure internal temperature is 165°F or higher



15 MIN OVEN | 400 °F

- Bake on middle rack
- Turn after 10 minutes
- Bake another 5 minutes
- Ensure internal temperature is 165°F or higher

Sauce



8 MIN STOVE TOP | MED - MED HIGH

- Occasionally stir and bring to simmer.
- Cook for another minute from simmer
- Ensure the sauce is cooked to 165°F

Nutrition Facts

Serving Size (185g)
Servings Per Container

Amount Per Serving			
Calories	260	Calories from Fat	70
		% Daily Value*	
Total Fat	8g		12%
Saturated Fat	1.5g		8%
Trans Fat	0g		
Cholesterol	75mg		25%
Sodium	800mg		33%
Total Carbohydrate	30g		10%
Dietary Fiber	1g		4%
Sugars	16g		
Protein	17g		
Vitamin A	2%	Vitamin C	0%
Calcium	2%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

MEAL INGREDIENTS:
CHICKEN INGREDIENTS:
Chicken (Chicken Leg/Thigh, Water, Flaxseed/Milled Flaxseed, Salt), Coating [Water, All Purpose Flour White Bleached Enriched (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cornstarch, Soybean Oil, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate)].
SAUCE INGREDIENTS:
Water, Soy Sauce (Water, Wheat, Soybeans, Salt, Sodium Benzoate; less than 1/10 of 1% as a preservative), Sugar, Brown Sugar (Sugar, Molasses), Vinegar, Cornstarch, Soybean Oil, Sesame Oil, Xanthan Gum, Caramel Coloring, Red Chili Pepper Flakes, Disodium Inosinate/Disodium Guanylate, Sodium Benzoate, Garlic Extract (Natural Extractives of Garlic with Polysorbate 80, Propylene Glycol, Water, Phosphoric Acid, Polydimethylsiloxane [antifoam]), Ginger Extract (Natural Extractives of Ginger with Datem and Canola Oil), Disodium EDTA.
Contains Soy, Wheat.
Chicken fried in soybean oil used to fry products containing: (Milk).

General Tso Chicken

CASE CONTENTS



Entrée Pack | 68-0010

Pack Size: 3/ 1.5 lb bags of Sauce

3/ 3.5 lb bags of Dark Chicken Chunk

Net Weight: 15 lbs

Gross Weight: 16.5 lbs

Cube: .84

Ti x Hi: 7 x 10

List of recommended vegetables

Carrot	Green Pepper
Onion	Water Chestnut
Szechuan Red Pepper	

Tips

- To improve texture, layer sauce, then protein, then vegetables. Mix just before serving.
- To reduce cost per serving, add vegetables and serve with rice or noodles

Shelf Life 18 Months Frozen



Sunrise Foods
LEADING MANUFACTURER OF AUTHENTIC CUISINE

614.276.2880 | www.sunrisefoodsohio.com