

# Mongolian Beef

■ Entrée Pack: 68-0040 (15 lbs)



As shown, served with vegetables (optional)



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add variety to your existing menu



great for steam table

## HIGHLIGHT:

- Easy preparation: *Just cook, mix and serve*
- One of the most recognizable Asian dishes
- Steamed table friendly
- Visually appealing
- Made with premium USDA choice beef
- No MSG, except that which naturally occurs in soy sauce
- Zero trans fat



Founder Mark Pi



LEADING MANUFACTURER OF AUTHENTIC CUISINE

614.276.2880

[www.sunrisefoodsohio.com](http://www.sunrisefoodsohio.com)

Sunrise Foods Entree Pack Rev.073115

**HOT COOKING** from thawed  
Total Cook Time 8 Minutes

**Beef Slice**

**2 MIN**

**STOVE TOP | WATER BLANCH**

- Blanch beef in a pot of boiling water for 2 minutes (cooking times may vary)
- Stir beef in the basket for even cooking
- Ensure beef is cooked to an internal temperature of 165° f or higher
- Drain excess water



**Sauce**

**8 MIN**

**STOVE TOP | MED - MED HIGH**

- Occasionally stir and bring to simmer.
- Cook for another minute from simmer
- Ensure the sauce is cooked to 165° F



**Nutrition Facts**

Serving Size (185g)  
Servings Per Container

Amount Per Serving		% Daily Value*	
<b>Calories</b> 260	<b>Calories from Fat</b> 50		
<b>Total Fat</b> 5g		<b>8%</b>	
Saturated Fat 2g		<b>10%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 70mg		<b>23%</b>	
<b>Sodium</b> 990mg		<b>41%</b>	
<b>Total Carbohydrate</b> 29g		<b>10%</b>	
Dietary Fiber 0g		<b>0%</b>	
Sugars 17g			
<b>Protein</b> 25g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 15%		

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

MEAL INGREDIENTS:  
BEEF INGREDIENTS:  
Beef Chuck, Water, Cornstarch, Egg Whites (Egg Whites, Guar Gum, Triethyl Citrate), Sodium Phosphate, Salt, White Pepper.  
SAUCE INGREDIENTS:  
Sugar, Less Sodium Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate; Less Than 1/10 Of 1% As A Preservative), Thick Sauce (Black Strap Molasses, Caramel Color, Corn Syrup, Salt, FD&C Certified Color, Yellow #5, Yellow #6, Red #40, 1/10 of 1% Sodium Benzoate), Oyster Flavored Sauce (Water, Sugar, Salt, Oyster Extract, Modified Starch, Wheat Flour, Caramel Coloring, Yeast Extract, Lactic Acid, Xanthan Gum, Artificial Flavor, Disodium Inosinate), Cornstarch, Dextrose, Soybean Oil, Garlic, Xanthan Gum, Water, Disodium Inosinate/Disodium Guanylate, White Pepper, Salt, Sodium Benzoate, Disodium EDTA.  
Contains Egg, Soy, Wheat.

**Mongolian Beef**

**CASE CONTENTS**



**Entrée Pack | 68-0040**

Pack Size: 3/ 1 lb bags of Sauce  
3/ 4 lb bags of Beef Slices

Net Weight: 15 lbs

Gross Weight: 16.5 lbs

Cube: .84

Tix Hi: 7 x 10

**List of recommended vegetables**

Carrot	Red and Green Pepper
Onion	Water Chestnut
Mushroom	Sugar Snap Peas
Green Onions	Broccoli

**Tips**

- To improve texture, layer sauce, then protein, then vegetables. Mix just before serving.
- To reduce cost per serving, add vegetables and serve with rice or noodles

**Shelf Life 18 Months Frozen**



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